

Instructor Reflections and Remarks

on a 13-week term in

Anatomy and Physiology I

INTRODUCTION

So, what can you expect in Anatomy and Physiology I? Here are a few points:

Anatomy and Physiology is a language; you will be introduced to a substantial amount of new vocabulary and need to use it correctly.

Anatomy and Physiology is a mental workout; you will make new connections and discard old ideas, which can challenge your current understanding and modify your career trajectory. However, building a solid foundation and understanding in any new field requires effort.

Anatomy and Physiology is an adventure; we will explore material and topics that may have never been considered before. Expect to be enlightened.

With this in mind, you will need to STUDY HARD!!

But I am here to help. To be clear, I cannot do your work for you. However, I am here to encourage and advise you on techniques to master the material effectively. It's essential to plan your daily routine to include several hours dedicated to mastering the course content.

TIME MANAGEMENT AND CAREER GOALS

We all come from different backgrounds, with varying employment obligations and possibly family responsibilities that need to be maintained. With many demands on our time and resources, scheduling additional major activities can sometimes be difficult. For example, dedicating several hours daily for study can be daunting for some. But this is a matter that needs immediate attention and requires a decisive approach to ensure success.

Two key time blocks need to be scheduled:

1. Several hours must be allocated for instructional presentations and resources provided for each module. During this time, you will review the module content and prepare notes.
2. Mastery of the material also requires additional review and study in preparation for scheduled assessments.

With this in mind, I encourage you to discuss your educational needs with the important people in your life at this stage of your career development. I also suggest examining your busy schedule and making appropriate adjustments to align with your career goals. The word “priorities” comes to mind.

COURSE STRUCTURE and INSTRUCTIONAL METHOD

This course is organized into several topical units or modules. Each module has specific instructional goals; therefore, most units will be assessed individually. You can find the goals and assignments for each unit in the course contents folder on Blackboard. Assessments are conducted through exams scheduled on the dates listed in the syllabus. Keep in mind that these dates are targets, and adjustments may be made based on the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy as outlined in the lecture materials.
- Understand physiological themes, concepts, and processes related to the anatomy.

With all this said, I am confident you will find the course both challenging and enlightening, well worth the effort required.

Get ready to STUDY HARD!!!